



October 20, 2015

Dear Families,

CALM is honored and excited to be invited to partner with the Early Childhood Care and Education Services at UCSB. CALM has developed a new outreach model called the Early Childhood Mental Health Consultation Program in the last seven years and is working in many of our local preschools. This model places a consultant on site to provide supportive services to the children, families, and teacher.

Some of the goals for this program include;

- *increased social and economic awareness and skills for children
- *support for teachers in response to challenging behavior
- *increased family support and communication

We are pleased that your Mental Health Consultant is Jennifer Mundy, MFT. Jennifer will be on site one day per week and will be assigned to individual classrooms over the course of the year. Jennifer comes to our program with years of preschool experience. She is an avid fan of Bruce Perry and Daniel Siegel in understanding brain development. She has also studied Becky Bailey and her literature called, "Loving Guidance." She is a Marriage and Family Therapy intern and we are proud to have her on our team!

Her work on site will include:

- *observation, assessment, and intervention support in the classroom
- *reflective practice for teachers
- *outreach to families
- *trainings in early childhood mental health development

Thank you for having us here. We want to assure you that our consultants are finger printed and have had TB testing done. If you have any further questions about the program please call me, Donna Richards, Program Manager at (805) 450-6202

With warm regards,

Donna Richards, MFT

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