Dear UCSB Children’s Center Families and Staff,

Hello, my name is Jennifer Mundy and I would like to introduce myself. I am the Program Manager for CALM’s Early Childhood Mental Health Consultation Program and I am happy to be returning to UCSB Children’s Center to work as an on-site Consultant. I am looking forward to getting to know all of you that make up the UCSB Children’s Center community. I have worked in the mental health field for over 5 years after earning my Masters in Clinical Psychology. I also have a background in Early Childhood Education and was a preschool teacher for 20 years. As mental health consultant I have the opportunity to meet and provide support to the teachers, children and families here at the center. This year CALM is excited to begin a collaboration with UCSB Children’s Center involving Learning Stories, a strength based practice of observation and assessment involving looking at children’s competencies. I am available to offer information and assistance regarding parenting issues and concerns, help finding resources and making referrals to community agencies that supports the health and wellbeing of families.

In my role I can offer:

- Support with parenting questions and techniques
- Answer questions about child’s social and emotional skill development.
- Short term individual and family support services
- Meeting to discuss your families specific needs
- Referrals to supporting agencies
- Coordination of services with other providers
- Classes for development and education
- Crisis Support

Please look for me at school or contact me if you are in need of assistance, have questions or need further clarification on my role. I am happy to talk to you. My phone number is (805) 405-8818.

Thank you and hope to see you soon,

Jennifer Mundy, M.A., LMFT #97276
Dear Families,

We are committed to ongoing development that will strengthen our practices and ability to build relationships, environments and curriculum that places each child—and their family—at the heart of it all. Towards this end we continue our ongoing journey to enhance our skills and knowledge for responsive and intentional teaching by building a professional learning community.

Consultants are regularly available to us to observe with teachers at work in the classroom, provide information to increase social and emotional awareness and skills for children; support for teachers in response to challenging behavior; and increase family support and communication. These individuals work with the Early Childhood Mental Health consultation program provided by Santa Barbara Child Abuse Listening and Mediation (CALM).

All classrooms and teachers will have access to the consultants. During this time, the consultant will be present and observing in the classroom for approximately one hour each week. She will meet with the teachers and administrative staff so that the team can share observations, challenges, ideas and solutions. We are especially fortunate to be working with Jennifer Mundy, MFT and Marisol. Please don’t hesitate to ask your teacher, the program coordinator, Annette or our Consultants if you have any questions.

With warm regards,

Annette Muse
Director

Please sign and return the bottom portion of this note.

By signing below you acknowledge that the teaching and administrative staff at UCSB Early Childhood Care and Education Services can discuss their classroom and the children in their classroom in a confidential manner with the consultants from CALM.

________________________________________________________________________________

I am aware that the teaching and administrative staff at UCSB Early Childhood Care and Education Services will be consulting with CALM and I give them permission to discuss my child as necessary with the consultants in order to improve teaching practices.

_________________________________________  _______________________________________
Child’s Name and date of birth                  Parent/guardian signature and date