Reassuring and Comforting Your Child Through Their Fears and Insecurities…

*an approach that honors the real feelings of your child*

Parent Support Meeting
With
Marilynn Jorgensen

December 6th
4:00-5:15
Family Meeting Room

The most common, natural & age-appropriate fears may include Santa Claus, masks, costumes, nightmares, monsters under the bed, dogs, darkness, loud noises, large crowds, getting lost, differently abled people, new situations, etc.

Your children are taking in the world without the filters that we as adults have developed over time. As a result they see more, hear more and feel more because their systems are sensitive to the world around them. As parents our role is to monitor their sensitivities to the world around them. Their fear, anxiety, discomfort are merely signals to us that they need our support, reassurance & guidance. Join us for a discussion as we explore ways to help our children through their fears without explaining them away or discounting their real feelings.

*Children, 2 years and older, who are not enrolled on Wednesday, are WELCOME to join their classroom during the time of the meeting. Please let Diane know if you would like to arrange for this.*