

Santa Barbara Crisis Hotline 211

Alcohol and Drug Abuse

Alcohol, Drug & Mental Health
Access Line 1-888-868-1649
Al-Anon Family Group 961-2534
Alcoholics Anonymous 682-3332
Cocaine Anonymous 969-5178
Narcotics Anonymous 569-1288
Student Health, UCSB 893-8721

Breastfeeding Resources

La Leche League, SB 961-2205
WIC Program 681-5276
The Lactation Center 681-6439

Child Care

Children's Resource & Referral 962-8988
SB Office of Early Care & Education
<http://www.countvofsb.org/cao/ece>

Child Abuse

Child Abuse Listening and Mediation
Hot line 687-7912
Office 965-2376
Child Welfare Services 1-800-367-0166

Children with Disabilities

California Children's Services 681-5360
Child Assistance Team Creating
Hope 966-1357
Family First 683-2145
First Steps 893-5737
Autism Research Center, UCSB
Santa Barbara County Office of Education:
Special Education 964-4711
Referrals for children 3-5
Tri-Countries Regional Center 962-7881
Referrals for children 0-3

Counseling

Community Crisis Center 968-2222
Family Service Agency
Child Guidance Center 965-1001
Family Therapy Institute 569-2272
Parent Child Interactive Therapy 965-2376
CALM ext. 107
Santa Barbara Crisis Center 963-6832
Counseling and
Career Services, UCSB 893-4411
Women's Center, UCSB 893-3778

Domestic Violence

Domestic Violence Solutions
for Santa Barbara County
24 hour crisis line 964-5245
Business 963-4458

Dental Care

C. Moore Dental Foundation 962-2213

Food

Food Bank 967-5741
Food Stamps 681-4401

Health

Healthy Families 968-1511
Contact: Diane Jones 893-4904
IV Health Projects
MediCal Office, SB 681-4401
Mental Health Assessment Team 681-5244
SB County Health Care Services 681-5130
SB Early Childhood Mental Health
Collaborative 1-800-400-1572
Student Health, UCSB
Urgent Care Clinic 893-4173
Appointment Line 893-3371

HIV/AIDS

HIV/AIDS Hotline 1-800-922-2437
Student Health, UCSB 893-3434

Housing

SB Housing Authority 735-8351

Legal Services

Family Support Division 1-800-818-1386
Legal Aid Foundation 963-6754
Public Defender 568-3470

Poison Control

1-800-222-1222

Pregnancy

Life Network (pro-life services only) 967-9096
Planned Parenthood 963-5801
Postpartum Education Program 564-3888

Support Groups/Resources

Academic and Staff
Assistance Program, UCSB 893-3318
Children's Center
Outreach Program 893-4904
Hospice Care 965-5555
Hosford Counseling Clinic, UCSB 893-8064
Plan for Success
For UCSB students 893-3380
Pacific Pride Foundation 963-3636
Resource Center for Sexual and
Gender Diversity, UCSB 893-5846
Re entry Students, UCSB 893-3778
Work Life, UCSB 893-7323

**FAMILY RESOURCE
GUIDE**



**Children's Center
893-3665**

For Additional Information:
Diane Jones, Family Coordinator
(805) 893-4904